



THE PARISH  
OF ATHY

Comprising the Faith Communities  
of:  
ST MICHAEL'S, ATHY  
&  
ST MARY'S, BARROWHOUSE



## THIRD SUNDAY OF EASTER 14TH APRIL 2024

### Prayer

Merciful God, anoint me with you Holy Spirit. As I read your Word, let me hear your voice speaking to me from within. Give me the wisdom to understand your message to me. Let your Word be the joy of my heart and the light to my feet. Give me strength to build my life on your Word. Let it be done to me according to your Word. May I rejoice in the blessedness of hearing your Word and keeping it. Speak Lord; your servant is listening



### READINGS

#### 1st Reading:

Acts 3: 13-15, 17-19

**Psalm:** Ps. 4:2 4.7.9

**2nd Reading:** 1 John 2:1-5

**Gospel:** Luke 24:35-48

### CHURCH NOTICES

**Weekend Mass times: 6pm, 10.30am & 12 noon & Barrowhouse Sunday at 9 am**

**Weekday Mass times: 9.30 am.** Rosary at 9.10 am

**Easter Dues** can be handed in during Parish Office opening hours or via collection bags at weekend Masses. Thanks to those who have already subscribed.

#### Last Weekend Collections:

P. Dev.: €542 Common: €1,450 Share €1,045

*Thanks to all who contribute*

**Novena to Our Lady of Perpetual Help continues on this Monday 15<sup>th</sup> April at 7.30pm in St Clare's Church.**

We invite people to place their petitions in the petition boxes in St Clare's Church. During our Novena, through the prayers of our Faith Community and the intercession of Our Lady we will ask Jesus to relieve whatever burdens we carry. Rosary recited at 7.10pm and Novena begins at 7.30pm

**GUEST SPEAKER for the night (Monday 15<sup>th</sup> April)** is Rachel Doyle Founder of Arboretum-Horticulturist & author of a new book 'My Tree of Life'

### Bishop Paul Dempsey appointed Auxiliary Bishop of Dublin

We warmly welcome Pope Francis's appointment on 10<sup>th</sup> April of Bishop Paul Dempsey as Titular Bishop of Sita, and Auxiliary Bishop of Dublin. Bishop Paul Dempsey was born in Carlow in 1971 and grew up in Athy. He was ordained to the priesthood in 1997 for the Diocese of Kildare and Leighlin. He was appointed Bishop of Achonry in 2020.

In welcoming Bishop Dempsey to the Diocese of Dublin, Archbishop Farrell wrote, 'To the mission and ministry of the Church in Dublin, to our work of proclaiming the promise and hope of the gospel, Bishop Paul will bring his many gifts. I have no doubt his fresh ideas, and deep motivation, his personal warmth and evident closeness to people on the ground, and his experience of ministry in the West of Ireland, will be of service in the deepening the unity of the Church in our land, and of empowering all God's people to discern, and know the [true] joy, peace, and consolation of the Lord who has already "entered our closed places and stands among us," as was proclaimed in last Sunday's Gospel'.

### PRAYERS FOR THE DEAD

#### Recently Deceased:

*Eugene O'Brien, Cardenton Court*

#### Saturday 6pm

**Month's mind:** Ann Mulhall, Mary Scally, Anna Lawlor nee Kirwan

#### Birthday remembrance:

Micheál 'Gunner' Connolly, Ashling Davis

**Anniversaries:** Ryan O' Donoghue, Tony Doyle, Ann Kelly Murphy, Rita & Bobby Flood, Dec. mem of Flood & O'Callaghan families, Lil Dalton (6th A), Christy Dalton, Maura Owens nee Corcoran (2nd A), Maureen Rigney (5th A), Seamus Lynch (1<sup>st</sup> A)

Martin Brophy, Anthony O'Neill, Chrissie Maher, Mark Browne, Lizzie McConville, Norman Glynn, Willie & Joan Kelly, Brian & Sheila Kelly, Joe Phillips (11th Anniv), Bernadette Dunne, John Dalton (3rd Anniv), John Ellard (Anniv) Thomas White (anniv)

#### 9 am Sunday Barrowhouse:

**Month's mind:** Anna Lawlor nee Kirwan

Aiden Howe, Andrew Bergin, May & Thomas Gibson, Thomas McDonald, Tony Howe late of Grangemellon, died in Luton

#### 10.30 am:

**Month's mind:** Rina Ann Orlandini McGovern

**Birthday remembrance:** Stephen Doyle, Micheál 'Gunner' Connolly,

**Anniversaries:** Rita & Bobby Flood, Dec. members of Flood & O'Callaghan families, Maura Owens nee Corcoran (2nd A), Joyce Mc Hugh, Jimmy Connell, Eugene Dempsey (20th A), Seamus Lynch (1st A), Martin Brophy, Billy, Sis & Bill Tierney, Charlie & Kate Sourke, Norman Glynn, Lar Berry (anniv)

**12 noon: Month's mind:** Anna Lawlor nee Kirwan

**Birthday remembrance:** Stephen Doyle,

Micheál 'Gunner' Connolly,

**Anniv:** Rita & Bobby Flood, Dec mem of Flood & O'Callaghan families, Seamus Lynch (1st A) Norman Glynn

**Monday 9.30 am:** Joseph May (63rd Anniv)

**Tues. 9.30 am:** Kitty O'Brien, Kathleen Stewart (10th A), Patrick Griffin

**Wednes. 9.30 am:** Martin Brophy, Martin Farrell

**Thursday 9.30 am:** Betty Watchorn

**Friday 9.30 am:** Chris Byrne (Anniv), Patrick & Betty Brennan, Edward & Margaret Brennan, Tony Dunne, Michael Brennan, Jim Lawler (anniv)

**Trocaire boxes** can be returned to Parish Office or sacristy if you are not in a position to bank the proceeds yourself

**LOURDES PARISH PILGRIMAGE**  
Moone, Narraghmore, Athy

25th Aug– 1st Sept 2024

**Cost: €975**

Spiritual Director:

Fr. Francis McCarthy

**Contact**

Christopher Rowan

087 2707 182



Are you unemployed or looking to upskill? would you like to gain a recognised QQI Level 5 Qualification Business Administration and Digital Media, Healthcare Support, Applied Social Studies or Early Learning and Care. Athy VTOS have places available for our September and January enrolments.

For additional information please call: Una Burke on 059 8632044 Ext 2/087 9787727  
Further Education and Training Centre,  
Carlow Road, Athy. Co  
Kildare. [www.athyfetc.ie](http://www.athyfetc.ie)

**ATHY PARISH OFFICE**

**Email:** athyparishrc@eircom.net

**Phone** 059 86 38391

**Address:** Parish Office,  
St. Michael's Church, Stanhope Pl.,  
Athy, Co. Kildare. R14 CA 26

**OPEN: Monday:**

2.15-4pm

**Tuesday & Wednes:**

9.30-1.30 pm & 2-4pm

**Thur & Fri:** 9.30-1.30pm

(by phone in afternoon)

**Sat:** 10.30am-12.30 only

**MERCY ASSOCIATE MEETING,**  
**Monday, 15th April at 7.30pm**

at Parish Centre, Mount Hawkins



(Lay Associates of Mercy Sisters)

New associates welcome

**ACCORD**

Accord Carlow are now back open for face-to-face Relationship Counselling

at St. Catherine's Community Service Centre Carlow

For further information please phone

Mary at 086 4149034 or

email [accordcarlow@gmail.com](mailto:accordcarlow@gmail.com)

**Collection on Divine Mercy Sunday**

amounted to €300

Thanks to all who contributed.

**DUBLIN DIOCESAN PILGRIMAGE TO KNOCK**

takes place  
SATURDAY, 27TH APRIL 2024

**Athy Parish website**  
[www.parishofathy.ie](http://www.parishofathy.ie)

**Parish Radio** 107.9 fm

**Kildare County Council Homeless Advice Clinic –**

Monthly Outreach Clinic on

Monday, 15<sup>th</sup> April in Athy

Family Resource Centre

(R14 NN97)

- 2pm – 4pm

KCC Homeless Team –

Telephone 045 980230

**Rally for Life, Dublin**  
**2pm bank holiday Monday 6th May**

Marching from University Church side of St. Stephen's Green to Leinster House

Family friendly Event!

Kids zone, face painting, ice cream van,

*Stand up for Life*

[www.marchforlife.ie](http://www.marchforlife.ie)



**BEREAVEMENT SUPPORT**

The Irish Hospice Foundation provides a free Bereavement Support Line. This National Freephone Service is available from 10am to 1pm, Monday to Friday, by calling 1800 807077.

Visit [www.hospicefoundation.ie](http://www.hospicefoundation.ie) for more information.

**AWARE – SUPPORT & SELF CARE GROUPS**

If you or those with whom you work wish to connect with people in relation to your mental wellbeing, consider using Aware's phone-in and Zoom support and self-care groups, support line or support mail.

For more information, visit [www.aware.ie](http://www.aware.ie).

**DONATIONS**

*A choice as to how you donate*  
The Archdiocese of Dublin has facilitated a



"Tap and Go" contactless donation method to enable people to donate directly to the **First Collection (Common Fund Priest Collection)**

and the **Second Collection (Share Fund)**

Card machines are in place in the Church for this purpose.

**You can use your Debit/Credit Card or indeed your mobile phone**

This is split 60% to the Common Fund and 40% to Share. Thanks for your donations.

**CATECHETICAL CORNER – A GENUFLECTION OF THE HEART**

There is an old saying that goes: 'Familiarity breeds contempt'. Or to put it another way, we can become so familiar with something that we may take it for granted. This can be true of anything, boiling the kettle, brushing our teeth, another person, even receiving Holy Communion.

Changing things up a little can help us to become more aware of what we do. When we come to receive Holy Communion, a simple bodily gesture can remind us that what we are about to do is very special and not to be taken lightly. Some people bow, genuflect or even kneel before receiving Holy Communion. But what is the proper gesture and is there any guidance on this?

Yes! there is guidance and it is to be found in the General Instruction on the Roman Missal (*GIRM*), which is a Church document on how we are to 'do Mass'. It says this: "*When receiving Holy Communion, the communicant bows his or her head before the Sacrament as a gesture of reverence and receives the Body of the Lord from the minister. The consecrated host may be received either on the tongue or in the hand, at the discretion of each communicant.*" *GIRM* #160

Some may say that a genuflection is a more reverent gesture than bowing the head, which may be true. But it is not what the Church asks of us. The Bishops of the Church have chosen a gesture that everyone can do, not everyone is able to genuflect. This is based on the Church's understanding that, in Mass, we should manifest in our bodies the great unity that we share in Christ. The *GIRM* puts it like this: "*In the celebration of Mass the faithful form a holy people, a people whom God has made his own, a royal priesthood, so that they may give thanks to God and offer the spotless Victim not only through the hands of the priest but also together with him, and so that they may learn to offer themselves. They should, moreover, endeavour to make this clear by their deep religious sense and their charity toward brothers and sisters who participate with them in the same celebration.*" *GIRM* #95

In other words, we are in this together, we are 'doing' this together and we should act as one. The *GIRM* makes this point quite strongly in the very next paragraph: "*Thus, they [the faithful] are to shun any appearance of individualism or division, keeping before their eyes that they have only one Father in heaven and accordingly are all brothers and sisters to each other.*" *GIRM* #95

While a genuflection may be more reverent, in this instance, the prescribed gesture is a bow of the head. In doing this we show that we are in obedience with the Church. But a bow of the head can be a genuflection of the heart.