

# The Holy Rosary

O O X S O R R O W F U L Q Y Y  
 F D E C A D E E U G Z N T B C  
 A R I P E J K I B M J K B X N  
 T L A A I S B P Q Y A F U E B  
 I U A P O S T L E S C R E E D  
 M M F M A V A G M T T Z H T R  
 A I J P E H R C A E K E Y T B  
 P N O B R D G G R R I B W Q L  
 R O Y F O V I J Y I B E A D S  
 A U F W S A C T E E V D K F J  
 Y S U V A W M R A S L L G J C  
 E G L O R I O U S T U S U I R  
 R S L W Y D Z J Y K I S E W E  
 W S Y Z E P M N K X D N L P E  
 C R U C I F I X C E W O G E D

- |                |               |           |
|----------------|---------------|-----------|
| Apostles Creed | Meditating    | Mysteries |
| Glorious       | Crucifix      | Decade    |
| Jesus          | Sorrowful     | Beads     |
| Rosary         | Fatima Prayer | Luminous  |
| Joyful         | Creed         | Mary      |

## QUIZ TIME!

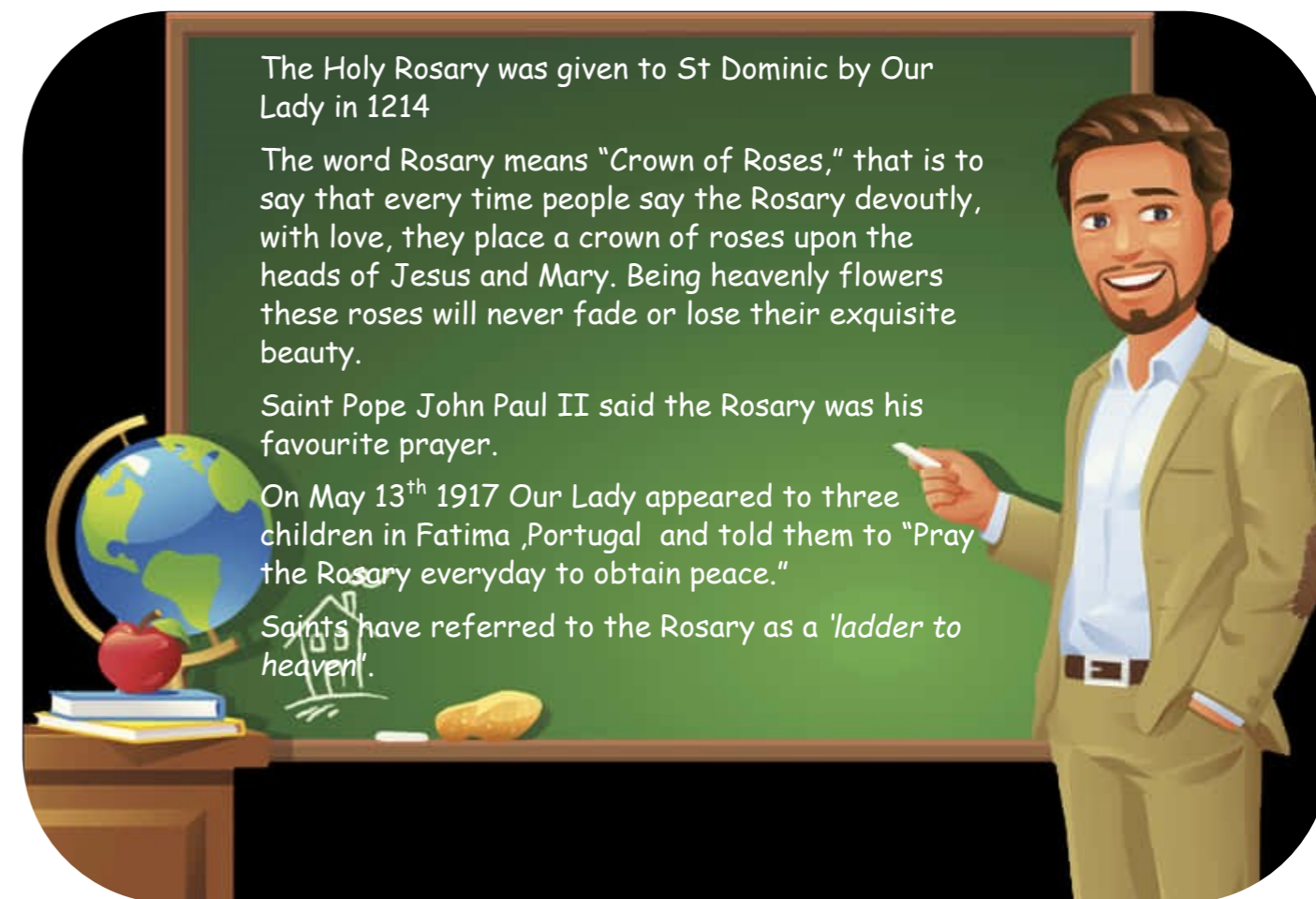
- How many sets of mysteries are there in a full Rosary? \_\_\_\_\_
- How many mysteries are there in total? \_\_\_\_\_
- How many beads are there on Rosary? \_\_\_\_\_
- In what year did Our Lady give the Rosary to St Dominic? \_\_\_\_\_

Where did Our Lady appear to three children in 1917? \_\_\_\_\_

Which mysteries do we pray on Tuesday & Friday? \_\_\_\_\_

Answers on Page 2.

# THE HOLY ROSARY



The Holy Rosary was given to St Dominic by Our Lady in 1214

The word Rosary means "Crown of Roses," that is to say that every time people say the Rosary devoutly, with love, they place a crown of roses upon the heads of Jesus and Mary. Being heavenly flowers these roses will never fade or lose their exquisite beauty.

Saint Pope John Paul II said the Rosary was his favourite prayer.

On May 13<sup>th</sup> 1917 Our Lady appeared to three children in Fatima, Portugal and told them to "Pray the Rosary everyday to obtain peace."

Saints have referred to the Rosary as a 'ladder to heaven'.

Some people think the Rosary is a prayer to Mary, but the Rosary is a great way to learn about the life of Jesus, through the eyes of His mother. Praying the Rosary is like looking at the pictures of Jesus' life in the company of His mother.

Learning to pray the Rosary helps us to get to know Jesus; how He came to be born, what Mary did, how He died but also what happened after His death: the resurrection from the dead, His going up to heaven (*the Ascension*) and the coming of the Holy Spirit at Pentecost, as well as what happened to Mary.



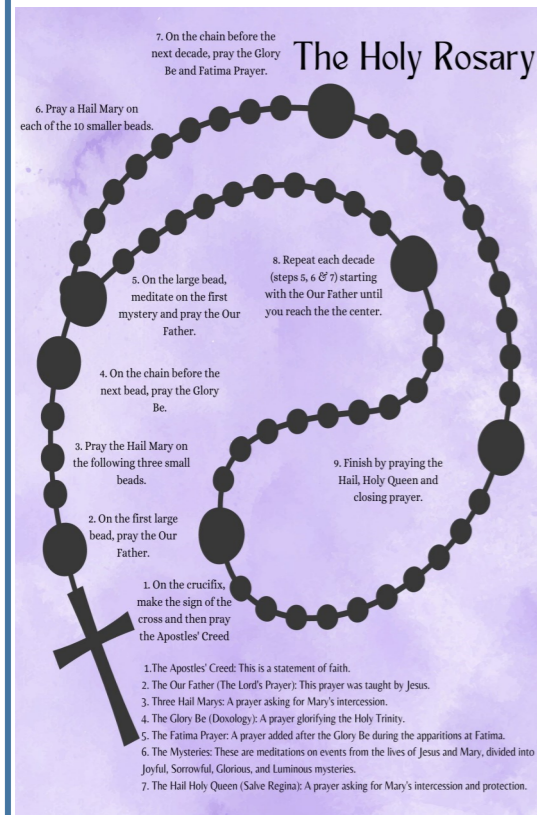
In praying the Rosary we are really praying with the bible and meditating, with Mary, on the life of Jesus. Just as every mother & father remembers every detail of their child growing up, so too: "Mary pondered all these things in her heart." (Lk. 2:19)

# HOW TO PRAY THE ROSARY

## PRAYERS OF THE ROSARY

### THE APOSTLES' CREED

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen

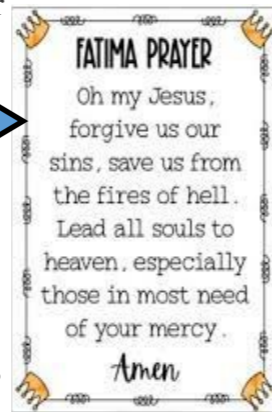


**OUR FATHER** who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

**HAIL MARY**, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen.

**GLORY BE** to the Father, the Son, and the Holy Spirit; as it was in the beginning, is now, and ever shall be, world without end. Amen.

After finishing each decade, we say the **FATIMA PRAYER**



After the 5<sup>th</sup> decade we pray

**THE HAIL HOLY QUEEN** (*Salve Regina*)

**Hail, holy Queen**, mother of mercy, our life, our sweetness, and our hope. To you we cry, poor banished children of Eve; to you we send up our sighs, mourning and weeping in this valley of tears. Turn, then, most gracious advocate, your eyes of mercy toward us; and after this, our exile, show unto us the blessed fruit of your womb, Jesus. O clement, O loving, O sweet Virgin Mary.

**V.** Pray for us, O holy Mother of God.

**R.** That we may be made worthy of the promises of Christ.

**Let us pray:**

O God, whose only begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal life. Grant, we beseech Thee, that by meditating on these mysteries of the most holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

May Divine assistance remain always with us, and may the souls of the faithful departed through the Mercy of God, rest in peace, Amen!

Quiz time answers: 4, 20, 59, 1214, Fatima Portugal, Sorrowful.

## THE JOYFUL MYSTERIES

(Mondays and Saturdays)

As we hold our rosary and pray the Hail Mary over and over again, we think about happy times in lives of Jesus and Mary. We call these the Joyful Mysteries.

- **The Annunciation:** The angel Gabriel asks Mary to be the Mother of Jesus.
- **The Visitation:** Mary visits her cousin Elizabeth. Elizabeth's baby (St. John the Baptist) recognizes Mary's baby (Jesus). Both babies are still in the womb!
- **The Nativity:** Mary gives birth to Jesus in a manger.
- **The Presentation:** Mary and Joseph take Jesus to the Temple, and Simeon and Anna recognize Jesus as the Messiah.
- **The Finding in the Temple:** Mary and Joseph fear Jesus is lost. They find him teaching in the Temple

## THE SORROWFUL MYSTERIES

(Tuesdays and Fridays)

As we pray the Hail Mary over and over again, we think about the very difficult times in Jesus' life. We call these the Sorrowful Mysteries.

- **The Agony in the Garden:** Jesus prays in the Garden of Gethsemane, but his disciples fall asleep.
- **The Scourging at the Pillar:** Jesus is arrested and taken to the jail where the soldiers make fun of him and whip him.
- **The Crowning of Thorns:** The soldiers take a thorny vine, wind it in circles and press it on Jesus' head.
- **The Carrying of the Cross:** Jesus is forced to carry the heavy wood of the cross.
- **The Crucifixion and Death:** Jesus is nailed to the cross where He dies.

## The Pictures of Jesus' Life - The Mysteries of the Rosary

## THE GLORIOUS MYSTERIES

(Wednesdays and Sundays)

As we pray the Hail Marys, we think about the wonderful times in Jesus' life and in Mary's life after the Crucifixion. We call these the Glorious Mysteries.

- **The Resurrection:** Jesus rises from the dead.
- **The Ascension:** Jesus ascends to heaven after telling his disciples that he will be with them in Spirit forever.
- **The Descent of the Holy Spirit:** The Holy Spirit comes as a wonderful gift from Jesus to teach our hearts and minds about God.
- **The Assumption:** Mary is taken up into heaven, body and soul.
- **The Coronation:** God gives Mary a special place in heaven, crowning her Queen of Heaven and Earth.

## THE LUMINOUS MYSTERIES

(Thursdays)

As we pray the Hail Marys, we think about the public ministry of Jesus. We call these the Luminous Mysteries. Luminous means light. Light helps us to understand.

- **The Baptism of Jesus:** Jesus is baptised by John the Baptist in the Jordan River.
- **The Wedding at Cana:** Jesus turns water into wine at a wedding celebration.
- **The Proclamation of the Kingdom:** Jesus talks about putting God first in our lives.
- **The Transfiguration:** Jesus takes Peter, James and John up on a mountain. He talks with Moses and Elijah. He is shining.
- **The Giving of the Eucharist:** Jesus gives us his Body and Blood for the first time at the Last Supper