



THE PARISH
OF ATHY
Comprising the Faith Communities
of:
ST MICHAEL'S, ATHY
&
ST MARY'S, BARROWHOUSE



MASS OF THE FIRST SUNDAY OF LENT SUNDAY 9TH MARCH 2025

PRAYER

In this springtime, creator God, we watch new life appear from the dark earth after the night of winter. Help us also to grow. In us, there is darkness and night; yet we know that you can bring us once more to life. Amen.



CHURCH NOTICES

Weekend Mass times: 6pm, 10.30am & 12 noon & Barrowhouse Sunday at 9 am
Weekday Mass times: 9.30 am. Rosary at 9.10 am.

Do try to attend an extra Mass during Lent or practice extra praying or almsgiving. Perhaps practice some type of self denial e.g. reducing junk food, alcohol or smoking.

Trocaire Boxes available at the doors of the church
The Lenten practices of prayer, fasting and almsgiving which we take on with a renewed commitment are ways of spiritual renewal and coming closer to God.

Last weekend collections;

Common: € 1,335

Share €1,135

P. Dev.: € 1,093 of which €350 was annual donations
Thanks to all who contributed

PILGRIMAGE TO LOURDES
Athy, Moone & Narraghmore
24th June – 1st July 2025

ST. PATRICK'S DAY MASSES

MONDAY, 17TH MARCH 2025

is a Holyday of Obligation and a Bank Holiday
Mass in St. Michael's Church at **9.30am & 12 noon**



*The 12 noon Mass will be mostly
in the Irish language
with Irish music from the parish choir*



ST. PATRICK'S DAY STOCK

St Patrick's Day cards, badges, brooches,
emblems, prayers and rosaries
on sale in Parish Office



PRAYERS FOR THE DEAD

Recently Deceased:

Charles Redmond, Gorey

Saturday 6pm

Month's mind: John Campbell, John Hyland,
Tom Byrne (Grangemellon & Panama)

Birthday rem:

Anniversaries: Dickie Kelly (25th A), Thomas Moran, Mary Murphy, Anne Casey (10th A), Eamonn Walsh (2nd A), Michael Kelly, Moss & Ita lane, Margaret Doyle, Mag Webb, Gerard, Susan & John Conaty, John Hickey, Peg Cambie, Pat Quinn, Michael Quinn, Mary Lalor, Pat Dunne, Dec. mem of Dunne family, Annie McDonald, Thanksgiving, Brian & Sheila Kelly, Special Intention

Sunday 9am Barrowhouse: Birthday rem: John Lawlor
Jim Malone, Birdie Brennan.

Sunday 10.30am: Recently Deceased: Connie Wynne nee Carey, formerly 39 St. Dominic's Park Athy & late of London

Month's mind: John Campbell, Patrick 'Paddy' Rochford.

Anniversaries: Sean Bowden, William, Brigid & Ellen Kelly, Mary Murphy, John Murphy (2nd A), Dec. mem of Murphy family, Mary Lalor, Elizabeth 'Bess' Curtis (5th A), Dec. mem of Lalor Family, James Vernal (40th anniv)
Rina Ann Orlandini McGovern (1st A), Ned Doherty, Albert Reynolds, Donors Intentions

Sunday 12 noon:

Month's mind: John Campbell, Patrick 'Paddy' Rochford,
Anniversaries: Pat & May Roche, Jack Donovan, Mary Murphy, John Murphy (2nd A), Tom Heskin, Elizabeth Murphy, Dommy Moloney, Mary Lalor, Paddy & Lena Reeves, James Morrin, Marie Reeves, Dec mem of Reeves & Dunworth families, Denis Farrell, Ivan Farrell (9th Anniv)
Lil Fitzpatrick (50th Anniv)

Monday 9.30am: Patrick & Elizabeth Carroll, Baby Lilly Dunne, Special Intention, Thanksgiving,

Rec. Dec: Charles Redmond

Tues. 9.30 am: Month's Mind; Patrick 'Paddy' Rochford,
Anniv: Sean 'Pinkeen' Moloney, Gerard, Susan & John Conaty, Robert O'Connor, James & Ann Mulhall

Wednes. 9.30 am: Anne Casey (10th A), Nuala & William Fenelon, Peggy Owens, Josie Dayton, Mary Donovan (Anni)

Thur. 9.30 am: Mary Murphy, Brid Byrne, Andy Doogue, Tosh Bambrick, Eddie Doyle (Remembrance)

Friday 9.30am: Birthday rem. Derek Donohue

Anniv: Tom & Jean Donohue, Dec. mem of Phillips & Fleming families, Dec. mem of Donohue & Fingleton families, Betty & Paddy Brennan, Dec. mem of Bambrick & Brennan families, Michael Raddy

READINGS Year C

First Reading:

Deuteronomy 26: 4-10

Psalm: Ps 90:1-2,10-15

Second Reading: Romans 10:8-13

Gospel: Luke 4. 1-13



LENTEN PRAYER NIGHTS

Lenten prayer nights will begin on Wednesday the 12th March in the Church of the Blessed Trinity, Moone at 7:00pm. The theme of our Lenten Prayer nights is *The Jubilee of Hope, during this Lent may we find hope in all we see and all we do.* We must fan the flame of hope that has been given us. All are welcome

SAVE THE DATE

Monster Auction in aid of Church Heating Fund

takes place in Athy GAA Centre

Sunday 11th May

All clean saleable items are welcome

For further information contact:

Leon Kenny, Fiona Rainsford



Athy Social Prescribing

Connect with your community

Contact: Sarah 086 0651635, sarah@countykildarelp.ie
or drop into Slaintecare Healthy Community Hub at
Mount Hawkins, Athy. *Free to adults over 18*



**Children Liturgy Sheets available
at doors of church**

Athy Homeless Clinic

Kildare County Council Housing Homeless Team will host an
information clinic on Wednesday, 12th March in Athy Family
Resource Centre (R14 NN97) – 2pm to 4pm.

Telephone 045 980230

CATECHETICAL CORNER – A.C.T.S. OF PRAYER.

The three pillars or key words associated with Lent are: Pray, Fast & Give. Prayer can be very personal and private, we all have our own way, our own pattern and habit of prayer.

Prayer is an expression of our spirituality. Spirituality is how we relate to GOD. And just like no two human relationships are the same, so too, no two 'spiritual' relationships are the same. How you relate to GOD is, and should be, different to how I relate to GOD. There is no right or wrong way. So, during Lent it is not just about the quantity of our prayer, it is not just about praying more but maybe praying smarter. Whatever way we pray, our prayer should be comprised of A.C.T.S., that is: Adoration, Contrition, Thanks and Supplication.

Adoration: Try to spend a few moments every day adoring or praising GOD. You don't have to visit the Church to do this, but before the Blessed Sacrament or at Mass is the most perfect way. Perhaps just repeat this simple prayer slowly a number of times throughout the day: "I adore You O Christ and I praise You."

Contrition: Perhaps try this during Lent. If you have a couple of minutes before bed, use that time to look back over your day to see what you might have done better, and maybe bring what you find to the Sacrament of Confession. The Sacrament of Reconciliation (confession) being the most perfect way to express our contrition.

Thanks: Take a few moments each day during your prayer and just say thank you to GOD. Foster an 'Attitude of Gratitude' by thinking about all that you have to be grateful for; a bed...a cup of tea...a hot shower...your health (such as it is). Literally count your blessings and give thanks.

Supplication: A fancy word for bringing our intentions to GOD. Bring all your intentions/petitions to GOD. If you are praying for someone, try to mention their name, if there are too many to mention, or, like me, you can't remember them all, just commend them all to GOD, knowing that HE has '*called them by name*'.

Another 'S' is Surrender. Often, we can pray to try and manipulate GOD into doing what we want. We think that if we just storm Heaven, GOD will do what I want Him to do, which is of course nonsense. GOD is beyond our attempts at manipulation. Rather, let's begin by surrendering everything to GOD, who knows what we need and Who wants to give it to us, if we would just get out of our own way and HIS. Try this simple prayer: "Jesus, I surrender myself to YOU, take care of everything."

Prayer is a relationship, if all we do is ask for things, we are missing out on the best part which is just getting to know GOD and allowing ourselves to be loved by HIM. During Lent, pray smarter not harder and let yourself be loved.


STATIONS OF THE CROSS

The stations of the cross will be prayed after 9.30am
Mass in St. Michael's every Friday during Lent

ADORATION OF BLESSED SACRAMENT in

Crookstown Church on Tuesday evening
7pm-8pm
All are welcome





"...You will find rest for your soul..."
MT. 11:29

HOLY HOUR

ST MICHAEL'S CHURCH, ATHY
EVERY TUESDAY AT 2PM

(INCLUDING ADORATION OF THE BLESSED SACRAMENT, HOLY ROSARY, TIME FOR
QUIET PRAYER AND THE DIVINE MERCY CHAPLET)

EVERYONE IS WELCOME

HOPEFEST @MAYNOOTH

14th March 7 pm - 9:30 pm Maynooth Parish W23 N663
Join with other young people (18-35) from across the area
for a night of faith and fun. Take some time to gather with
young people, experience a time of Taize prayer, explore
some workshops on the life of Carlos Acutis and the theme
for the Jubilee Year. **Info:** natalie.doherty@dublindiocese.ie

SOLEMN NOVENA TO OUR LADY OF PERPETUAL HELP in St. Peter & Paul Church

Monasterevin W34 KD61

Monday 31st March to Friday 4th April 2025
(5 nights)

Theme: HOPE TIME: 7.30PM

Monday 31st March 2025

Guest Speaker: Bishop Paul Dempsey, Auxiliary Bishop of
Dublin & formerly P.P. Newbridge.

PARISH OFFICE

Monday: 2.15 pm-4pm

(Closed Holy Days & Bank Holidays)

Tue & Wednes 9.30-1.30 & 2-4pm

Thur 9.30am-1.30 pm Saturday: 10.30am-12.30am

Phone: 059 86 38391

Email: athyparishrc@eircom.net

PARISH TEAM

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