

# Ash Wednesday

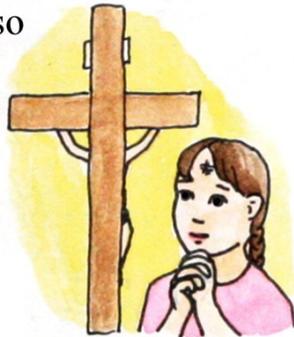


This coming Wednesday is Ash Wednesday, which is the first day of Lent. Lent is a special time in which we prepare to celebrate Jesus' death and resurrection on Good Friday and Easter Sunday.



Lent is a time of repentance. We make sacrifices and try to improve our lives to become more like Jesus. Jesus never sinned but He gave up His life to pay for our sins. That is why we make sacrifices—out of love for God and to make up for our sins. We offer our sacrifices to God the Father, just as Jesus on the cross offered up His life to God the Father.

On Ash Wednesday if you go to Mass you can receive ashes on your forehead. The ashes are a sign of repentance. They remind us that without God we are nothing and that someday we will die and be buried. But they can also remind us that if we do have God living in us, after we die we will rise from the dead, just as Jesus did on Easter, after He died on the cross.



Answer to Word-Find: "you will be blessed"



THE PARISH OF ATHY



SIXTH SUNDAY OF ORDINARY TIME  
FEBRUARY 15<sup>TH</sup> 2026



Do not think that I came to abolish the law or the prophets...  
Whoever opposes and teaches the commandments will be called greatest in the Kingdom of Heaven.

*Some people in Jesus' time thought that He was going to get rid of the old law. What does He have to say about the commandments in today's Gospel reading?*

**Look at this picture in the mirror to find out!**

# Psalm 119 Word-Find



See if you can find all the words in CAPITALS. Use the leftover letters to fill in the blanks at the end.

Y D S C O F G O O D U  
 W I T O L O R D B I L  
 B L A M E L E S S L B  
 L I T M E L A W E B C  
 E G U A P O F I R M O  
 S E T N R W L I V E N  
 S N E D E C R E E S S  
 E T S E C M A Y L S I  
 D L E D E O P E N E D  
 S Y K E P T S E D E E  
 M I G H T H W A L K R  
 W O R D S E R V A N T

Blessed are they who FOLLOW the law of the LORD.

Blessed are they whose way is BLAMELESS,  
 who WALK in the LAW of the Lord.  
 BLESSED are they who OBSERVE his DECREES,  
 who SEEK him with all their heart.

You have COMMANDED that your PRECEPTS  
 be DILIGENTLY KEPT.

Oh, that I MIGHT be FIRM in the ways  
 of keeping your STATUTES!

Be GOOD to your SERVANT, that I MAY LIVE  
 and keep your WORDS.

OPEN my EYES, that I may CONSIDER  
 THE wonders of your law.

If you obey God's law, \_\_\_\_\_

Hey, did you know that next Wednesday is Ash Wednesday? It is the day when we get Ash put on our head as a sign that we are sorry and trying to be better. Can you colour in the picture of the priest placing some Ash on the girls head?



**DON'T FORGET THAT YOU CAN FIND OUR SAINT OF THE WEEK AND OTHER FUN ACTIVITIES ON THE CHILDREN'S PAGE OF OUR PARISH WEBSITE.**  
[WWW.PARISHOFATHY.IE](http://WWW.PARISHOFATHY.IE)